

Flash Quotes

English GARDNER (USA)

100m Women B Race Heat 3 - Winner

I just used this meet as a part of my training, it was a wind aided time but i'm still pleased with the result. This is the first time i've run under 11 seconds since my national trials so i'm happy. I compete next at the meet in Madrid and I hope to keep the momentum going.

09/07/2015 18:27

Marisa LAVANCHY (SUI)

100m Women B Race Heat 2 - Winner

I am happy to have won the race. I hope everything will go well later in the 4x100 meters.

09/07/2015 18:28

Verena SAILER (GER)

100m Women B Race Heat 3 - 2nd place

It felt good to run that fast. Unfortunately, there was too much wind. My objective coming here was to test myself and get some good feelings on the track, which I did, so I'm happy. My next race will be in Luzern and then the national championships. I hope to have a good race there to reach the qualification standards (11.25) for the World Championships in Beijing.

09/07/2015 18:30

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Yaimí PÉREZ (CUB)

Discus Throw Women - Winner - PB

I am happy to have won in a very competitive field. This being my personal best, it feels great. I am now going home for the Panamerican championships and I hope to do well there.

09/07/2015 18:49

Reto Amaru SCHENKEL (SUI)

100m Men B Race - 1st place

This race was nothing special, I approached it as a good training opportunity. I try to improve at every race. The last 40m of my race are good, my start is better than it was last year so it comes all together step by step. I'm confident for the upcoming races. My objective is to go for victory every time I'm on the start line.

09/07/2015 18:50

Pascal MANCINI (SUI)

100m Men B Race - 2nd place - 1st race of the season

I did a very good indoor season. I was training for a medal at the European Championships. I finished 5th, equalling the swiss national record which was good. We then prepared the relay World championships in the Bahamas, so I had to train and try to produce a second peak in my season already. So I took some time to recover, hence this late start of my outdoor season. I now run with the head as my body is still exhausted from the winter. I lack of punch. Nonetheless, I am satisfied with my time today. I actually thought I would be slower. I wanted to beat Rolf - who has done some good performance this year - and managed to do that, finishing in the second place.

09/07/2015 18:58

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Lolo JONES (USA)

100m Hurdles Women B Race - Winner

This wasn't my best race, I think the starter held us too long, I'm just happy to finish healthy. At this moment I'm just looking forward to my next race in Luzern.

09/07/2015 19:14

Clélia REUSE (SUI)

100m Hurdles Women B Race - 3rd - SB

I had a good start to the race but towards the end of the race I stumbled and I'm therefore not happy with my finish. This clearly means that I can go faster and I know I can do it. My PB is 13.19 and I'm doing my best to run faster. The minima's for the 2016 Olympics in Rio is 13.00 secondes which is my goal and I'm going to start to get towards that time during my next race this Saturday in Bulle.

09/07/2015 19:17

Reese HOFFA (USA)

Shot Put Men - Third place

I am very happy about this season best distance today. My season has not been going as I wanted it so far and I need to build some momentum. I am not sure what was different today, I didn't like my warm up throws and yet somehow I was able to throw a season best. I am hoping I continue to improve because I need to be consistently over 21m.

09/07/2015 19:47

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Joe KOVACS (USA)

Shot Put Men - 2nd place

I'm 2nd today...but await Beijing. The most difficult for us, Americans, is to make the US team. I made it, that is the most important. Some of the best shotputters won't be in Beijing for instance. The Diamond League is great but you have to choose your battles. For me, it is Beijing this year. You are never satisfied with 2nd place, but as I said, this is training for me, on the back of our national championships. Congratulations to David for his victory today.

09/07/2015 19:47

David STORL (GER)

Shot Put Men - Winner - MR - PB

I am really happy to have been able to get over 22 meters and do my personal best here in Lausanne. Before my record throw I was quite concentrated and it was a fast throw. I'm now going to going back to Germany for my next meet in Bieberach.

09/07/2015 19:51

Blessing OKAGBARE-IGHOTEGUONOR (NGR)

Long Jump Women - 4th

I am OK with my performance today. It was my first jump of the season. Things were not going so well, the temperature was a bit cold and the wind was swirling. I am not sure if I will still think about doing the long jump in Beijing after how I feel today. I will consult with my coach and decide. My focus is the sprint events and I don't intend to make the long jump affect my chances. Let's see what my coach says. My next meet is in Monaco where I will do the 200m and maybe the long jump if I feel better.

09/07/2015 19:55

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Selina BÜCHEL (SUI)

800m Women - 1st place

I wanted to get around 2'00, I am in 2'01 so not really on my objective for today. However, I am very satisfied with how my season is going so far and I hope it will continue like this. For Beijing, my objective is to get into the final, and from there on, everything is possible.

09/07/2015 20:07

Shara PROCTOR (GBR)

Long Jump Women - 2nd place

I am very confident in the way my preparation is going and my season is unfolding. I like this Diamond League meet here in Lausanne, and again I've performed well. There is a fierce competition this year, it is very dense around 6.90m - 7m, but that doesn't change anything in my preparation. I have to focus on myself and execute what we plan in the training sessions. I take it step by step, I have 1.5 week now till Monaco to refocus on my training. The ultimate objective is obviously Beijing.

09/07/2015 20:10

Sanya RICHARDS-ROSS (USA)

400m Women - 2nd

I feel good about my race. I'm still trying to recover mentally from the US national trials where I had a disappointing result and now I am just taking each race one by one. I like how I finished in this race but I think I could have run my backstretch better. I felt good in warm up, and I did not fade in the end, I held my form so I am proud of the run. From here I move on to Canada for the Pan Ams and then London.

09/07/2015 20:11

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Hiwot AYALEW (ETH)

3000m Steeplechase Women - 2nd

I'm not disappointed, I came second to a very strong athlete so I'm not sad, I will try to do better next time.

09/07/2015 20:27

Virginia NYAMBURA (KEN)

3000m Steeplechase Women - Winner - MR

The race went as I planned. I am quite happy to have won and my goal today is to beat the Kenyan record of 9:07.14. Regarding the diamond league I am doing well and I am planning to win it by fighting hard and win each race.

09/07/2015 20:31

Anaso JOBODWANA (RSA)

200m Men - 2nd place

I am not completely happy with my race today. I thought I could do it but obviously it didn't come together. I had a terrible bend but a rather good finish. I need to go back to the drawing board and work on my start. It was a very competitive field today and that's what I like. I can assess where I am against the best athletes in the world. My next race is in Luzern. My objective for this season is to go sub-20 and work myself into a medal contender for the World Championships in Beijing.

09/07/2015 20:36

Flash Quotes

Zharnel HUGHES (GBR)

200m Men - Winner

I feel really good about my race. When I saw I received lane two I was dissappointed to be honest but I spoke to my coach and he told me to get off the curve with the others and execute to the finish. My season has been going better with each race and now as british champion I look forward to doing well at the World Championships. For me the goal is to get into the final and then aim for the podium. I am very happy today with my new personal best but even more excited to see what times I will run in the remaining weeks because I work very hard in training.

09/07/2015 20:39

Sara PETERSEN (DEN)

400m Hurdles Women - Winner

The race didn't go well for me. It was really windy and after the second hurdle all the girls were struggling. After the last bend it was really tough but the others were more tired than me. (laughs) I'm now going for three weeks training.

09/07/2015 20:46

Jasmin STOWERS (USA)

100m Hurdles Women - 2nd

It was a decent race, I feel good. I finished well and I came second so I'm ok with that. Dawn is a great competitor and I look forward to racing her again. I love Lausanne, the atmosphere here was great and I got a quick chance to see the city and its beautiful. I would love to run here again.

09/07/2015 20:53

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Murielle AHOURE (CIV)

200m Women - 3rd

It was a good race, i'm pleased with the result especially considering I was in lane 3 which is never easy in th 200m. My next meet is in London and beyond that I am looking foward to great results in Beijing.

09/07/2015 20:59

Dawn HARPER-NELSON (USA)

100m Hurdles Women - Winner

The race was really intense and I'm happy to win coming from the US trials. The next objective is Monaco and of course Beijing.

09/07/2015 21:00

Léa SPRUNGER (SUI)

400m Hurdles Women - 4th place

This race is one more experience. It was a complete different situation from my other races, with a very competitive field here. The wind conditions were not easy to deal with, particularly for a newcomer to the eventt like me. I know where I'm loosing time... in the approach to the hurdles in particular. My gola this year is to improve my best time, approach 55"00. It is a debut on that event for me, there is a lot to learn. Therefore, there is no objective as such regarding ranking in Beijing.

09/07/2015 21:02

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Sharika NELVIS (USA)

100m Hurdles Women - 4th place

The Diamond League offers very competitive field. I need to focus on my own race and I was a little off today, there is no excuse. I hit hurdle 7 or 8 with my knee and lost my balance a bit. That will serve as experience and learning into my next 3 races which are Luzern, Monaco and London. Beijing is the objective, and the highest step on the podium what I'm going for.

09/07/2015 21:06

Allyson FELIX (USA)

200m Women - Winner

The race was good, I have a few 400m runs in me so I used my strength to hold my form andn separate myself towards the end. It's a great atmosphere here in Lausanne and it's really good to run here the fans cheer us on well. My next stop is Monaco and of course im looking forward to Beijing where I hope to run very fast!

09/07/2015 21:07

Mujinga KAMBUNDJI (SUI)

200m Women - 8th place

I am satisfied with my race and my feelings today. My next three races are Luzern, Bellinzona and London. I had a small injury recently but now things are unfolding slowly as they should. I will now go to prepare for the relay later.

09/07/2015 21:09

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Sanya RICHARDS-ROSS (USA)

200m Women - 6th place

I changed my plans because I heard there was an open lane. You know, sometimes it is about having fun, that's what I did today and I'm happy. Satisfied also with my time, considering how shortly I ran this race after my 400m.

09/07/2015 21:17

Asafa POWELL (JAM)

100m Men - 2nd

This wasn't my best race, actually one of my slowest times for the season but I'm still confident. My start wasn't so good today but I know it's something I can work on. I don't feel any additional pressure to represent for Jamaica because Usain is injured, every time I put on a Jamaica vest I try to do my best for myself and for my nation and this year will be no different. From here I go next to Luzern.

09/07/2015 21:31

Mo FARAH (GBR)

5000m Men - 1st place

It was my first time in Lausanne and I really enjoyed starting my season here. I wanted to race everybody and today offered this opportunity. I had a great finish, overall I am happy with the way the race went today. This victory is also a way to answer some of the critics regarding my coach that came out lately.

09/07/2015 21:35

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Tyson GAY (USA)

100m Men - 3rd

I'm happy with my race. I have a sore hip and I've been doing my best to get better but I have no excuses. I've really been trying my best to get the cobwell loose. Now I have to get back to training and work hard to get better.

09/07/2015 21:37

Justin GATLIN (USA)

100m Men - Winner

I've been wanting to go faster. During the race I was in my zone and it felt really great. I'm happy for Tyson as well. One of my big objectives is the american record. The crowd here is really great. It's incredible to see the crowd after seeing the stadium empty.

09/07/2015 21:42

Anna CHICHEROVA (RUS)

High Jump Women - 1st place - WL

I am delighted today!! I felt I was ready. However, I was a bit in panic because of the wind, I rarely jump in such conditions, it was very perturbing. In the end, I had to take risk and it paid off. I would like to thank everyone who supported me today throughout the contest. It is the best day of my life since 2013. It shows what I am capable of in preparation of Beijing

09/07/2015 21:50

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Lj van ZYL (RSA)

400m Hurdles Men - 2nd place

I felt really good in the race, and I am happy with my time as well. I love to come to Switzerland, it is my 3rd time here in LAusanne. There was wind indeed but the conditions are the same for everyone. If I had to put an objective on my season, it would be to reach the final in Beijing. But overall, I just want to enjoy being on the track, traveling, meeting new people and make friend around the world.

09/07/2015 21:55

Kariem HUSSEIN (SUI)

400m Hurdles Men - 6th place

I am happy with the first 300m of my race. Then, I need to change the rythm over the last 100m, which I didn't do today. I pushed but it didn't work. That is my main focus point for the rest of my preparation towards Beijing. Next stops in competition will be Monaco next week, Bellinzona and the Swiss national championships.

09/07/2015 22:02

Faith Chepngetich KIPYEGON (KEN)

1500m Women - 2nd place

The race was good but it was very cold for me. It is difficult to approach the 4'00 in those conditions. I have the Kenyan national trials coming up which are a key milestone in the season. If the outcome is positive, the goal is obviously any medal in Beijing.

09/07/2015 22:06

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Jenny SIMPSON (USA)

1500m Women - 3rd place

Wind like today should not affect how we run. However, I am disappointed at myself. The finish is my strength and here I could not release my usual kick. I will go to Monaco next week aiming for a strong victory there as it is my last race before the world championships. It will help me build good confidence to approach the competition over there.

09/07/2015 22:08

Renaud LAVILLENIE (FRA)

Pole Vault Men - 3rd

The conditions were not good today. All my jumps were in a strong headwind and so I did not get to perform at my best. I don't feel any pressure, today I felt stronger and fitter than last week in Paris. I just want to get to the next meet which hopefully will be in good conditions so I can get over 6m again. For the world championships I am not doing anything new, I just continue to work hard and the results will come.

09/07/2015 22:08

Christian TAYLOR (USA)

Triple Jump Men - Winner

It was a great meet for me. I did a meet record and I improved on my personal best. I also had two jumps over 18m which means I am getting more consistent at high levels. The goal right now is to keep improving and keep the Triple jump as an exciting event this year. In Beijing I am looking forward to the competition, Pablo knows now that I am fit and ready. I also have my eye on the American record of 18.10m, my next meet is in Monaco, let's see what happens!

09/07/2015 22:12

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Bershawn JACKSON (USA)

400m Hurdles Men - Winner

This is the race this year where I really fought the hardest and it paid off with a win. The conditions were windy and the result is great as I arrived day before yesterday. The next steps for me is Monaco, London and of course the world championships

09/07/2015 22:15

Jehue GORDON (TTO)

400m Hurdles Men

Terrible race for me, the race got away from me on the backstretch. Running from lane two was not easy and it was cold temperature but I'm not making excuses, I have to go back to training and work hard. I am the defending champion and I intend to do well in Beijing

09/07/2015 22:16

Edwin Cheruiyot SOI (KEN)

5000m Men - 3rd

The race was good. The weather was cold and windy so I did not push as hard as I intended to, I just followed the other guys. My intention is to run only once more before world championships. Next year I will train for Rio but after that I want to switch to marathon.

09/07/2015 22:24

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Pawel WOJCIECHOWSKI (POL)

Pole Vault Men - Winner

I'm really not that sure what just happened. (smiles) I jumped 13 times tonight which is a lot and the conditions were not the best. I passed 5.76 at my third attempt and then I changed poles. The momentum was then turning and I was feeling better and better. Passing 5.84 and my seasons best felt good. My dream as all and any polevaulter I think is to pass the legendary bar of 6 meters. I would of course like to break the Polish national record of 5.91

09/07/2015 22:30

Nijel AMOS (BOT)

800m Men - 1st place

It was a good race today, I am very happy. I had a bit of a discomfort in my quad at the end of the race, that's why I was limping out of the stadium but it don't think it is anything bad. I'll work on that in my trainings. My next races are Monaco and London in preparation of the world championships. There, I'll go to do my best and, like today, I'll fight till the very last meter of the race.

09/07/2015 22:32

Women Switzerland (SUI)

4x100m Relay Women UBS Trophy - 1st place - interview of Marisa Lavanchy

This closes the night in a very nice fashion. This event allowed to meet again our public. The last time was at the European Championships and it didn't end as we - and the whole country - hoped. Here, the welcome by the public was fantastic, it felt like being back in Zurich 2014, with a much better outcome today. We obviously moved forward after last year's failure, that is the only way to keep progressing. Obviously, a scar will always be there. This year's objective is clear: the final of the world championships. This team has the potential for it. Let's see in Beijing...!

09/07/2015 22:35

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David RUDISHA (KEN)

800m Men - 2nd

The race didn't go as I planned but I'm happy with my race. The public was quite fantastic. Now I have to get back to the drawing table and work on my last 100 meters of the race

09/07/2015 22:44

Women Switzerland U20 (SUI)

4x100m Relay Women UBS Trophy - 5th

The crowd was incredible. We really have no words right now and are in awe. Our objective is to get to 45.10 secondes

09/07/2015 22:48

Shaunae MILLER (BAH)

400m Women - Winner - PB

I thank God and I feel really blessed. I'm so happy to be able to run under 50 secondes finally. The competition was harsh and it was windy but I had one goal in mind and I made it.

09/07/2015 22:51

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