

## Flash Quotes

**Léa SPRUNGER (SUI)****400m Hurdles Women Young Diamonds - Winner 56.40s**

Oh, this was hard. I still feel tired from the trip home from Beijing. I am pleased about the victory, but the time is really bad.

03/09/2015 18:58

**Piotr MALACHOWSKI (POL)****Discus Throw Men - Second, DR winner**

The competition was good, but the ring was soo slipery. My shape and condition are excellent and the last trainings went so well. I really wanted to throw 70 meters. I won the Diamond race, but I am not happy with this competition. I hope to be able to achieve 70 meters soon, maybe in Berlin.

03/09/2015 19:05

**Robert URBANEK (POL)****Discus Throw Men - Winner**

It's great to win here but I am disappointed I didn't win the Diamond Race. I was really close but with the last attempt Piotr got the second place and won it. This is sport! I was a little ill in Beijing and now I feel tired but relaxed.

03/09/2015 19:08

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**Christina SCHWANITZ (GER)****Shot Put Women - Winner, DR winner**

I did half a honorary lap. I would have like to throw further today, but the weather conditions are not good and the ring was wet. And we had the pole vault women do the warm-up right in front of us which bothered me a lot. I think it is a pity, that the schedule is like this. Because it made it very difficult for us. I wanted to achieve a good result, I owe this to the audience here. I have no idea right now what I will do with the prize money. I will see when I arrives on my account. Tomorrow I have a meeting in my home club in Thum and then on Sunday there is the Istaf in Berlin.

03/09/2015 19:22

**Tianna BARTOLETTA (USA)****Long Jump Women - Second, DR winner**

I am really happy to win the Diamond Race, it shows that I had a consistent season. I am pleased with that. In the Beijing final I sprained my left ankle after the second attempt. Still today I felt a lot of pain. I will save the prize money, I still have the prize money from last year, I still have not spent it. This was my last competition for this year. But my husband and me do not know yet where we will go for a holiday.

03/09/2015 19:33

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**Ivana SPANOVIC (SRB)****Long Jump Women - Winner NR 7.02m**

Tonight I felt great and much more relaxed than in Beijing. There I had a lot of pressure, with people expecting me to get gold. I feel great now but I do not see it as a revenge. I think I still have potential to improve. I know my mistakes and I will work on those.

03/09/2015 19:36

**Zuzana HEJNOVÁ (CZE)****400m Hurdles Women - Winner, DR winner**

I feel tired after the World Championships. But I guess all athletes must feel tired today. My goal was to win the race today and to win the Diamond Race. I am pleased I managed to do so. Now I am looking forward to a holiday: My husband and me will go to Hawaii, we will use the prize money for this holiday. I have not yet celebrated my gold medal from Beijing, I first wanted to do well here. I will have a big celebration at the end of the season. Today's time is not so good, but this is the end of the season. I did not expect Sara Petersen do give me such a hard time. She is really doing very well.

03/09/2015 20:18

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**Noemi ZBÄREN (SUI)****100m Hurdles Women Young Diamonds - Winner**

I ran under 13 seconds, that was very important for me. I wanted to show it here, at home, in front of my home crowd. This makes me even happier. I did not think too much about the fact that I was the favorite in this race. No, I rather wanted to execute a great race in front of my people. The time was also important, yes. My home crowd helped me a lot, it feels always good to have my people behind me.

03/09/2015 20:24

**Jairus Kipchoge BIRECH (KEN)****3000m Steeplechase Men - Second, DR winner**

I came here to secure the Diamond Race victory. I am so pleased to retain the Diamond Race trophy. I did not medal in Beijing, so I wanted at least to achieve this - and I am happy I did. The time is ok, I would have preferred an even faster race. I was not too ambitious, it was ok for me to come second or third, that would still assure the Diamond Race victory.

03/09/2015 20:31

**Paul Kipsiele KOECH (KEN)****3000m Steeplechase Men - Winner**

This season I was late with the training and it was hard for me to catch up with the other guys. Kenyan trials didn't go well because I don't feel good racing at high altitudes. I look forward to next year and the Olympic Games.

03/09/2015 20:38

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**Shelly-Ann FRASER-PRYCE (JAM)****100m Women - Winner, DR winner**

There is no more to ask for: I won the World Championships and the Diamond Race. I am glad I finished first here. Each time I come out here, I want to do my best. I was eager to come back on track after Beijing. I just enjoy this meeting. I have one more race to go on Sunday. Today's race felt ok, even coming back from China. It is not easy to race again in such a close time. I needed to adjust again but we are used to it, we are professional athletes. My hair? I had it done here, in Zurich.

03/09/2015 20:40

**Adam KSZCZOT (POL)****800m Men - Winner**

Tonight it was just too cold to run faster than this. Now I look forward to rest a few weeks with my wife and completely cut off with athletics for a while. Beijing is history already but I don't think to the Olympic Games yet.

03/09/2015 20:48

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**David RUDISHA (KEN)****800m Men - Fourth**

This was a fast race after the World Championships. I could not really move well, I think it is because of the rain. I do not like running in the rain. I did not come forth on purpose. I did not feel my legs move nicely. I hope to get good weather for my next race in Rieti. I am based in Tübingen in Germany and have been training well since Beijing. I was looking for a good, fast race and now I am disappointed with my result. The track was a little bit hard and also wet today. And I think I was a little bit afraid of this.

03/09/2015 20:53

**Lashawn MERRITT (USA)****400m Men - Winner**

I just wanted to win and that is what I did here. You just have to go to work in any kind of weather.

03/09/2015 20:58

**Kirani JAMES (GRN)****400m Men - Second, winner DR**

I'm very tired now but I'm nothing but thankful to these guys. Merritt was great tonight. The prize itself doesn't mean much to me, these fans are a diamond trophy themselves.

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**Alonso EDWARD (PAN)****200m Men - Winner, DR winner**

I finished this race with a victory and healthy also. I am happy with the time and also with the Diamond Race victory. I do not yet know what to do with the prize money. I just want to enjoy the moment now. I did not get a medal at the World Championships, but at least I get the Diamond Race trophy here. This race was pretty decent. It feels great to come out here and to do my best. I feel pretty good about it. My season is not yet finished. I will still race in Brussels and then I will go on a holiday - back home in Panama.

03/09/2015 21:11

**Eunice Jepkoech SUM (KEN)****800m Women - Winner, DR winner**

This race really means a lot to me, after Beijing. I didn't feel well there but I still made the final. I look forward to the Olympics but it will not be easy...

03/09/2015 21:20

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**Barbora ŠPOTÁKOVÁ (CZE)****Javelin Throw Women - Winner, DR winner**

I was really tired because this competition is so close after the World Championships, so it was rather a mental fight for me. I wanted to get satisfaction because Beijing was not really good for me. The audience here really understands athletics. I did not expect to win the Diamond Race because at the beginning of the season I did not do so well and I also did not do all the races. This victory is a big satisfaction after the World Championships and very important for my confidence. I was very disappointed after the World Championships. My husband and my son are here, I guess the biggest problem in Beijing was for me that I stayed there 10 days without my family. Maybe for Rio I should bring them with me

03/09/2015 21:23

**Sergey SHUBENKOV (RUS)****110m Hurdles Men - Winner**

I am really happy. I am just super positive - maybe in some annoying way. After my gold medal in Beijing this is not too important at all. I am enjoying this a lot today. I am feeling really good and I am still happy about the World Championships. I am so positive because I am doing my favorite job which is hurdling with the best guys in the world.

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**Genzebe DIBABA (ETH)****3000m Women - Second, DR winner**

I am very happy to win the Diamond Race. The competition was not easy, also because I ran the 1500m in Beijing and also the 5000m. So I was really tired. My heel spur is getting better.

03/09/2015 21:35

**Selina BÜCHEL (SUI)****800m Women - Tenth**

I has been a long season. At the end of the race I just did have no energy left. At 700m my legs were heavy and felt empty. The audience was great though. I would have liked to show a great performance today. It is a pity I was not able to do so.

03/09/2015 21:46

**Greg RUTHERFORD (GBR)****Long Jump Men - Winner, DR winner**

It was very important to come out here and to win again. I still managed to come out on top, so I am absolutely over the moon: I won the World Championships and I won the Diamond Race. The other jumpers maybe said: We are going to take him in Zurich. But it did not work. My coach, he is for me the greatest coach in the world. So, I will move to Phoenix, Arizona in January for five or six months to train with him. Because in Rio 2016 I also want to be on top. This victory means a hell of a lot to me. It is the last crown for me. I am pleased.

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**Kariem HUSSEIN (SUI)****400m Hurdles Men - Winner**

It was important to win here tonight. But it was not easy. I feel tired, it was just a lot of running this season. I am very motivated when I come here. Running in front of this crowd is just incredible. The atmosphere is just amazing. I am happy about this race, yet there were quite some mistakes which have to be analyzed. The most important thing is to have fun. I had goose pimples in the starting blocks. The World Championships were a bit of a deception for me. This here is much different. Overall, I had a great year. But I still want to improve myself. For Rio next year I want to work on my technique, on my acceleration and also on my endurance. I want to get much better because one will need to run a low 48 at the Olympics.

03/09/2015 22:10

**Mutaz Essa BARSHIM (QAT)****High Jump Men - Winner, DR winner**

I am very happy, this is my second Diamond Race trophy. Plus I won today. I came forth in the World Championships, well it just happens. Let's see what comes out of the future. It has been a long season with a lot of ups and downs. If I feel pressure because people talk about me breaking the World Record? No, it means that people believe in me and this motivates me a lot. I like to prove myself everyday. This was my last competition for this season. I am not going on a holiday, I want to go home to Doha and see my Mum.

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**Nikoleta KIRIAKOPOULOU (GRE)****Pole Vault Women - Winner, DR winner**

I wanted this win so much and I am so happy! Now the target is an Olympic medal but I know I need to improve my level for that.

03/09/2015 22:25

**Asbel KIPROP (KEN)****1500m Men - Winner, DR winner**

After Beijing, which was the biggest goal of the season, I knew I had to win here in Zurich to win the Diamond Race. Now I just want to set myself well and prepare for my main priority, the Olympic gold medal.

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