

Flash Quotes

Gladys Jerotich KIPKEMOI (KEN)

3000m Steeplechase Women - 2nd place

I am not happy about my race because I fell with 2 laps to go. The past 3 years I did not perform at my best but I have been improving a lot recently. I am not saying anything about the Kenyan team for the olympics, But I will try my best in the rest of the season.

22/05/2016 16:48

Silas KIPLAGAT (KEN)

1500m Men - 2nd place

The race was good, It was windy but we didn't complain and we are looking for other things in future. The organisation and the race were good regardless of the windy weather.

22/05/2016 16:52

Valerie ADAMS (NZL)

Shot Put Women - 1st place

The weather was good and the crowd was warm. we had a very good field checking.

22/05/2016 16:56



Flash Quotes

Timothy CHERUIYOT (KEN)

1500m Men - 1st place

I did not expect to win this race today. It was pretty fast, this is a good beginning for me. I went in the lead early and I knew Silas was on my shoulder, so I had to keep going fast. The Sprint was tough but I won it. This gives me confidence for the next races.

22/05/2016 16:56

Cassandra TATE (USA)

400m Hurdles Women - 2nd place

The race wasn't how I wanted it to be. I am happy with the season and I am willing to continue and get better before the olympic games in july.

22/05/2016 17:07

Janeive RUSSELL (JAM)

400m Hurdles Women - 1st place

I was not concentrating on running a fast time today. I just wanted to finish on top of this race. This didn't feel windy conditions at all to me. This is the kind of weather that we know in Jamaica. I want to continue lowering my times in the next races. Rome will be the next occasion to do so. It's great to compete with my countrymen but it's also hard to try and get on the team for the Olympics.

22/05/2016 17:13



Flash Quotes

Caterine IBARGUEN (COL)

Triple Jump Women - 1st place

I am happy with the technical level that I was executing today. With the result however I am only more or less satisfied. I always want to jump close to or beyond the 15m mark but that didn't happen today.

22/05/2016 17:17

Madara PALAMEIKA (LAT)

Javelin Throw Women - 1st place

This was a lot better than in Doha where I was testing my technique. I came to Rabat with much more confidence. With the new qualification system (first four have 6 attempts) I wanted to focus on a good first throw. I just keep working hard. This event is so technical that every meeting is a new challenge where anything can happen.

22/05/2016 17:22

Elaine THOMPSON (JAM)

100m Women - 1st

It's my first time in Morocco, It feels good to be here. I did my best and it paid off, I broke the meeting's record. I am aspiring to make it to the golden medal at the Olympics.

22/05/2016 17:23



Flash Quotes

Taoufik MAKHLOUFI (ALG)

800m Men - 2nd

I am honored as a Maghrebin and arab to compete in Morocco. This meeting is an opportunity to gain experience and to develop performance and international level. I thank the Moroccan crowd, It feels like I am in my own country. Concerning the Olympic games, I am preparing by taking some other meetings and competitions

22/05/2016 17:32

Pierre-Ambroise BOSSE (FRA)

800m Men - 1st

This is a symbolic victory for me because the Rabat meeting has opened the door to my international career when I ran 1'45"36 here as newcomer. I didn't want to place myself right behind the pacemaker as I would have done in the past. Patience and clarity of thinking were the keywords of my race today. I didn't want to be beaten on my tactics.

22/05/2016 17:33

Jairus Kipchoge BIRECH (KEN)

3000m Steeplechase Men - 2nd

The race was good, This is my season's best, which I didn't expect due to the problems I had which didn't affect my performance as I thought they would. My teammate and I managed to run faster than everyone.

22/05/2016 17:44



Flash Quotes

Conseslus KIPRUTO (KEN)

3000m Steeplechase Men - 1st place

I was expecting to win this second Diamond League race after Doha. I am so happy because this gives me a moral boost for the next races to come. I started celebrating entering the straight and I didn't sprint anymore because there are more races to come. I want to go faster and faster and reach my best level at the Kenyan trials and in the Olympics.

22/05/2016 17:46

David OLIVER (USA)

110m Hurdles Men - 1st place

Hurdles is about executing everything well. I remained confident with Ortega being the fastest starter. I am in business for quite some time now and I know how to handle things. The US trials and the Olympics is what it's all about this year. I am building up a bit slower than usual but I still run a meeting record and a decent time here.

22/05/2016 17:57

Orlando ORTEGA (ESP)

110m Hurdles Men - 2nd

This is my first time in Morocco, I find the meeting really good. I didn't like my performance during the race, I expected to do better, but right now I am trying not to think about it and to focus on the olympic games.

22/05/2016 17:58



Flash Quotes

Hayle IBRAHIMOV (AZE)

3000m Men - 2nd place

I am never happy if I don't win. But I was running behind the pacemakers with the rest of the pack sitting behind my back. My shape is getting better and better and in my next races in Stockholm and Birmingham I really want to win.

22/05/2016 18:10

Alonso EDWARD (PAN)

200m Men - 1st place

Conditions were windy but you have to be ready for any type of conditions. When you go to the Olympics it's gone be tough as well. Coming into this race, I wanted to run sub 20" but I must work harder to do so. I am happy about how things are going. Every race that I compete in is going pretty fast.

22/05/2016 18:20

Wilfried KOFFI (CIV)

200m Men - 2nd

The race was good but I wasn't hopping for the second place. I am always looking for the first place but anyway It went well. For the olympic games I am preparing every day to get a good result in july.

22/05/2016 18:21



Flash Quotes

Abdelaati IGUIDER (MAR)

3000m Men - 1st

The race was good, especially with the warm crowd. Although it's not my speciality, I did well. My goal was to make the audience happy. Regardless of the fierce concurrence with athletes with good records I tried to do my best. I am hopping to keep the good performance until the olympic games.

22/05/2016 18:23

Caster SEMENYA (RSA)

800m Women - 1st place

In training, we try to do tactical races and fast sessions. What you see here is the outcome of the training. Of course, it gives a strong moral boost to beat a strong field like this one. I need to keep working hard in training now and then there is more to come.

22/05/2016 18:29

Francine NIYONSABA (BDI)

800m Women - 2nd

I am very happy, Although this is not my fastest run in this season, I know I could do well. It was an opportunity to test my performance and level. I feel confident and I am willing to win the olympic games in Rio.

22/05/2016 18:31



Flash Quotes

Katerina STEFANIDI (GRE)

Pole Vault Women - 1st

It was really windy today, But I tried to do my best and I broke the meeting's record.

22/05/2016 18:34

Lashawn MERRITT (USA)

400m Men - 1st

This is a Diamond League field, so you can never take it on easily. I knew they were going to take it on very fast but I did my job and came through in the final stages. This is another great win with the Prefontaine Classic (Eugene) coming up.

22/05/2016 18:40

Kevin BORLÉE (BEL)

400m Men - 2nd

Regardless of the windy weather I came second so I am happy with my performance today. My goal now is to keep the rhythm and get ready for the olympic games.

22/05/2016 18:43



Flash Quotes

Robert URBANEK (POL)

Discus Throw Men - 2nd

The competition was really good, The crowd gave us cheers and was really loud which is rare. Concerning my aspirations for the upcoming competitions and events, I would like to stay in shape and to compete really good in the olympic games in order to win a medal which is my biggest concern this season.

22/05/2016 18:50

Rushwal SAMAAI (RSA)

Long Jump Men - 1st

This is the best competition that I have ever been in. Everything was amazing, the new track is also very good. My technique worked well and my run up is getting better. The most important for me is to be consistent in all my competitions because the level in this event is extremely high.

22/05/2016 18:53

Viola Jelagat KIBIWOT (KEN)

5000m Women - 2nd

The race was good, I am happy with my performance. I am willing to prepare for the following meetings and I hope to represent my country in a good way in the Olympics.

22/05/2016 18:59



Flash Quotes

Piotr MALACHOWSKI (POL)

Discus Throw Men - 1st

Wind is very difficult for the discus throw. I had to change my way of throwing but still the result is not bad at all.

22/05/2016 19:02

Viola Jelagat KIBIWOT (KEN)

5000m Women - 2nd

The race was good, I am happy with my performance. I am willing to prepare for the following meeting and to represent my country in a good way at the Olympics.

22/05/2016 19:04

Almaz AYANA (ETH)

5000m Women - 1st

I feel disappointed because I wanted to break the world record. However the wind was too disturbing today. I am sure that I can break the record in one of my next races this year. In the Olympics, I am aiming to compete in both the 5000m and 10.000m.

22/05/2016 19:06

