

Rabat (MAR) 16th June 2019



Flash Quotes

TIMING, RESULTS SERVICE & DISTANCE MEASUREMENT BY



Salwa Eid NASER (BRN)

400m Women - Winner with 50.13 season best

I was feeling very tired at the finish. But I am very happy to have been able to reduce my best time of the season. I felt very good during the race. I executed well. But I expected a better time. To be honest, I wanted to run under 50 seconds. Now my next race is a 200 m in USA on June 30th.

16.06.2019 19:13

Vincent KIBET (KEN)

1500m Men - First

The race was not bad and it was tactical one. The last 200 metres were fast because the competition was tough. Following this performance, I feel totally ready for the upcoming World Championships.

16.06.2019 19:21

Aminatou SEYNI (NIG)

400m Women - 2nd

I am vey satisfied about my performance. The race was quick and tactical. I am proud for achieving the national record and personal best. My next goal is performing well in the World Championships in Doha.

16.06.2019 19:27

INTERNET Service: rabat.diamondleague.com

Page 1of7

































Rabat (MAR) 16th June 2019



Flash Quotes

Marie-Josée TA LOU (CIV)

100m Women - 2nd - season best

I am very happy, even if I finished on second place. Time is excellent. Actually I did the race I wanted to do. So that is a great evening. But I will need to watch the video to analyse my race. Next for me is the Prefontaine Classic on June 30th where I will run again on 100 m.

16.06.2019 19:30

Sandra PERKOVIC (CRO)

Discus Throw Women - 3rd

I am happy for achieving season best especially that I am just returning from an eight month injury. It was really hard to come back as It was a tough injury. I am completely focused now and I am aiming to get back in shape before the WC in Doha.

16.06.2019 19:40

Blessing OKAGBARE (NGR)

100m Women - 1st

I expected to win and I am satisfied I achieved that. My goal was to make a better time, but unfortunately the race was not fast enough. The atmosphere is fantastic and the crowds were helpful and supportive and this gave me great energy. I have so much to fix and work on before the World Championships. I am not worried now because I am fully confident I will be ready when the WC comes.

16.06.2019 19:42

 ${\tt INTERNET\ Service:\ rabat.diamondleague.com}$

Page 2of7























Rabat (MAR) 16th June 2019



Flash Quotes

Nijel AMOS (BOT)

800m Men - Winner

Nijel Amos could not comment on his race after the finish. He just explained he suffered of a strong headache

16.06.2019 19:43

Rababe ARAFI (MAR)

1500m Women - 4th

I am extremely content for achieving national best and season best in my country. The race was very difficult and quick and I am satisified for finishing fourth, especially that I had to compete with the best atheltes in the world. I am well prepared for World Championships in Doha and looking forward to perform well.

16.06.2019 19:53

Genzebe DIBABA (ETH)

1500m Women - 1st

I am happy for my performance tonight. It feels great running in Africa. I am proud for achieving the WL. This is another special occasion because it is the third time I achieve a WL. Based on my level and performance, I feel ready for the World Championships.

16.06.2019 19:59

 ${\tt INTERNET\ Service:\ rabat.diamondleague.com}$

Page 3of7

































Rabat (MAR) 16th June 2019



Flash Quotes

Andre de GRASSE (CAN)

200m Men - Winner - Season best

I am very grateful with the victory but not happy with the time. I want to achieve sub 20 seconds. But it is a long process. I am not fully healthy, I still have a lot of work to do to be really back in shape. I want to be back where I was 2 years ago. But I have time before the World championships. There are still 3 months to work. I hope it will be enough. About my next race, I am not sure. I have to talk with my coach then we will decide.

16.06.2019 20:03

Bohdan BONDARENKO (UKR)

High Jump Men - 1st

It is always a pleasure participating in Rabat as I won here several times. The competition was tight and difficult. I followed some tactics that enabled me to jump 2.28m though I was aiming for a better result. My target now is the World Championships in Doha and to win the golden medal.

16.06.2019 20:07

Katerina STEFANIDI (GRE)

Pole Vault Women - 4th

I am not really disapointed with my result tonight in terms of height. 4,67 m is a more or less what I can expect at this stage of the season. Tonight I did the same mistake I have done in Shanghai and Rome in Diamond League. Now I will go back home and train. And I am very happy about that because I need to improve my run. After that, I will jump in Lausanne on Diamond League.

16.06.2019 20:15

INTERNET Service: rabat.diamondleague.com

Page 4of7























Rabat (MAR) 16th June 2019



Flash Quotes

Edward Zakayo PINGUA (KEN)

5000m Men - 1st-

The race was not bad overall, but unfortunately it was a bit slow. I was aiming for a better time, but I could not achieve that because the pacemakers were not fast. I was talking to the closest pacemaker to run faster, but to no avail. Hence, I decided to change the tactics at the last two rounds and continue alone. Currently, I want to prepare for the WC. My aim is to win and if I make 3.35, I will be very satisfied.

16.06.2019 20:19

Emmanuel Kipkurui KORIR (KEN)

800m Men - 2nd

It was a good race, but the conditions were not very helpful to run faster, as it was windy. I look forward to accomplishing a good performance in the World Championships. This was a fantastic preparation.

16.06.2019 20:31

Omar McLEOD (JAM)

110m Hurdles Men - 5th

I am not really satisfied for finishing fifth as I was aiming to win. The race was very quick and tough. I was running very fast but unfortunatly I fell at the finish line.

16.06.2019 20:36

 ${\tt INTERNET\ Service:\ rabat.diamondleague.com}$

Page 5of7



























Rabat (MAR) 16th June 2019



Flash Quotes

Sandi MORRIS (USA)

Pole Vault Women - Winner - Meeting record and season best

It was a great day. I am very satisfied with the result and the victory. But I had a terrible warm up and I did not feel at 100%. I also had problem with the wind. We had a lot of headwind during the competition. It was a tough condition. But I was able to make some adjustmets and to make some very good jumps. My priority this year is to be at my top at the WC in Doha. But first I need to be selected in the US team. So now I am focused on the US trials at the end of June.

16 06 2019 20:43

Juan Miguel ECHEVARRÍA (CUB)

Long Jump Men - 1st - SB

I am happy for my performance and for achieving a SB. I owe my achievement to the crowds and the great atmosphere. Besides, the crowds were very supportive.

16.06.2019 20:46

Sergey SHUBENKOV (ANA)

110m Hurdles Men - Winner - Season best

It was a dramatic race, but a really great race. I enjoyed everything. And I was able to win, that's very important. I am feeling stronger than before. Having Omar McLeod in the field gave me an extra motivation. I like to compete against the big guys. The clash with Omar happened ather the finish line, so it did not affect my time.

16.06.2019 20:50

INTERNET Service: rabat.diamondleague.com

Page 6of7































Rabat (MAR) 16th June 2019



Flash Quotes

Nelly JEPKOSGEI (KEN)

800m Women - 1st

The race was good and not very tactical. Still, it was a fast race. My tactic was to follow the pacemaker. I am now focused on the Doha WC and I aim to finish among the top three.

16.06.2019 20:52

Daniel STÅHL (SWE)

Discus Throw Men - 1st

I am very happy for today's result and achieving MR. The competition was not easy especially with the participation of very good contestants who throw well. I will take some rest in the month of July before getting back to competition in August which will be very busy.

16.06.2019 20:59

Getnet WALE (ETH)

3000m Steeplechase Men - First

The race was excellent and I am satisified about my performance and so happy for finishing first. I had good expectations because I run 8.06 before. I will train hard before the WC as I aspire to become the world champion.

16.06.2019 21:04

 ${\tt INTERNET\ Service:\ rabat.diamondleague.com}$

Page 7of7

























