














## Competition Schedule

THU 30 MAY 2019

TIMING, RESULTS SERVICE &  
DISTANCE MEASUREMENT BY



Time	Event	Remark
16:10	Racerunning 100m	
16:20	Racerunning 200m	
16:30	Shot Put Men	
16:30	Shot Put Women	
16:32	1500m Women	National
16:42	800m Men	National B
16:50	High Jump Men	National
16:50	800m Women	National B
17:00	Pole Vault Women	
17:00	400m Men	National B
17:20	1500m Men	National
17:35	Long Jump Women	National
17:40	100m Hurdles Women	National
17:50	100m Women	National B
18:00	100m Men	National B
18:10	800m Women	National A
18:20	400m Hurdles Women	National
 18:25	Discus Throw Women	
18:30	400m Hurdles Men	National
18:45	800m Men	National A
18:55	4x200m Relay Mixed	Youth 10-12yrs
19:15	400m Women	National
19:23	4x200m Relay Mixed	Youth 13-14yrs
19:32	100m Women	National A
 19:35	Long Jump Men	
 19:40	Pole Vault Men	
19:42	400m Men	National A
19:50	100m Men	National A
 20:03	400m Men	
 20:08	High Jump Women	
20:11	1500m Women	
 20:22	200m Men	
 20:30	5000m Women	
 20:52	100m Hurdles Women	
 20:56	Discus Throw Men	
21:02	800m Men	
 21:15	800m Women	
 21:30	200m Women	
 21:40	1500m Men	
 21:52	400m Hurdles Men	
22:05	10000m Men	

SPONSORS



 **Stockholm**  
The Capital of Scandinavia

