

Flash quotes

As of SAT 20 APR 2024

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



Xuemei HUANG (CHN)

5000m Women National - 1st place

I feel happy with the result today, which turns out as what I want it to be, sub 17 minutes. Racing here at this stadium is great, it's such a fantastic and professional event. As an amateur runner, I face less pressure compared to professional ones, which allows me to really enjoy the sport. At the same time, I have always been trying my best, this is a competitive game anyway. That's how I keep my love for running.

20.04.2024 11:36

Xiaokan WANG (CHN)

5000m Men National - 1st place

This is great here. The atmosphere is just amazing, I feel really inspired by it. I am happy with my result. My family is here watching the game, I just love it.

20.04.2024 12:24

Laiyu LUI (HKG)

100m Women National - winner

I think the egret stadium is really beautiful. I feel like I'm in the stadium of National Games. I didn't prepare for the competition before and I'm pretty happy with the result. Even the weather was rainy, it didn't cause too much problem for my performance because I have a lot of outdoors training in the current season. I love the response of the audience.

20.04.2024 12:42

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Lina MUZE-SIRMA (LAT)

Javelin Throw Women - 2nd place

This race is the beginning of my season. I am not very happy with this result. I was a bit struggling with the stadium. I hit it with full power, but it is raining. So a bit difficult with the condition, but otherwise absolutely amazing spectators and beautiful stadium. I came straight from my Portugal training camp wherer I had stayed 3 months. After Shanghai DL I will go back to Portugal for more preparation for the European Championship, so I have one more step to the Olympic games.

20.04.2024 12:49

Qianqian DAI (CHN)

Javelin Throw Women - winner

The cheers from the audience definitely boost my performance because we don't always have so many people watching us. I really appreciate. I just finished one competition last week, and I'm not that tired. I'm trying to reserve my energy so the intensity is ok with me. I also have competitions in the following weeks and I hope I can get good results.

20.04.2024 12:58

Hamish KERR (NZL)

High Jump Men

It was a really nice competition. Obviously, the condition is a little tough. It was windy outside. But for me, I'm really happy. It's early in the season and there are a lot changes made. There was probably more height there but I just didn't quite get it. I'm really happy the season started now. I love the crowd and I love Xiamen. I didn't find my rhythm. The hardest part is that my rhythm wasn't quite there. There was not very much consistency. But I'm happy with some of the positions I have. There were some good jumps.

20.04.2024 13:41

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Mutaz Essa BARSHIM (QAT)

High Jump Men - 2nd

I didn't get the win, but it's a good opening to be honest, it is a 2.27 today. I had to adjust my run up. It's a bit tricky situation. It was windy, rainy, and again windy and rainy. So it's a bit tough to jump to be honest, but I think I should be satisfied with the opening of the season. During the race, every jump feels different because I can't do my way of job which is very fast jumping. I have to adjust a lot. In my 20s, I was much more healthy, I don't have so much injury, but I didn't have so much experience. And now it's the opposite way. I am a more experienced jumper, but a lot injuries, so I need to adjust. I am trying to stay humble and trying to think of every day as a new beginning, regardless of what I've achieved so far. If you go to my house, you're not gonna see anything. I keep everything away. I try not to make my mind go toward satisfaction, and it's not easy, but I have a good team around me, and my family too, so they help me and give me mental strength. As to the secret that keeps me going so far, I would say staying hungry. I always wanna improve myself every single day, even if that improvement doesn't necessarily make me jump higher. I focus on details. The quality of work, and not just the work itself. Now it's just the beginning of the year when the season opens, and the target for me is always the Olympics. It's my 4th Olympic, it's very important to me, I wanna make sure I'm gonna be there ready to fight and jump high. So everything I'm doing now is according to the plan to be ready for the Olympics.

20.04.2024 15:48

Shelby McEWEN (USA)

High Jump Men - winner

I'm just very glad to be here, in a very different country. It was a tough travel, but I'm just happy I got here safe and healthy and came out to compete with these good guys. it means a lot. And I just want to be here to have fun and just give them all. Thanks to God I got my job done. Without God, I wouldn't be this far. So I'm looking forward to this year and just build the momentum from indoor to outdoor. It's gonna be a great outdoor season here. I just wanna stay focused and disciplined and don't worry about the weather. I think it's just part of the game.

20.04.2024 15:56

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Devynne CHARLTON (BAH)

100m Hurdles Women - 2ed place

I'm satisfied to just be a couple of hundreds of second off my PR, first race of the season. I'm feeling pretty good about that. I would love to continue that momentum to keep me in good shape for the Paris Olympics. in terms of weather, it is something we have to deal with while doing outdoors. I just have to take it as it is and work with the weather. I have a couple of workout at the stadium. This stadium is really good with great facilities. I have a good time here in Xiamen. The stadium is probably one the most interesting stadiums I've ever seen before. It's a great night.

20.04.2024 15:57

Yanni WU (CHN)

100m Hurdles Women

I'm not satisfied with my grades today, but I do feel the enthusiasm from the audience. This is my first outdoor competition. Usually, it is of national level, but this time it's a world level. I'm very excited about it. They are too fast and I'm too desperate to catch them to lose my rhythm. It was similar to the indoor one in the UK. I really hope I can get a better result in the next Diomand League meeting.

20.04.2024 15:59

Chase JACKSON (USA)

Shot Put Women - 3rd place

I'm really happy. I'm making some changes so it's better than I could hope for in the middle of some technical stuff, but I think all of us are just being ready for August early. I love the weather, which is nice and warm. When we started, the wind stopped. Losing to Gong Lijiao is not a bad thing. She's one of the best ever. I'm not upset about it. But hopefully, I can beat her in Shanghai. I made my own bumblebee makeup to match my uniform. It's respectful to let us wait for the rain for the warm up. I really like China. It's really welcoming.

20.04.2024 16:04

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Torrie LEWIS (AUS)

200m Women - winner

I'm super surprised. I just had my nationals on Sunday and then I came here. I think it helps. It gave me a good little prime for today's performance, which is my first Diomand League victory. The egret stadium is the biggest stadium I've ever run in. The crowd is great. This is my first Diomand League outdoor competition, I thought they would be in front of me by like 15 meters. My start was not good and I need to improve that.

20.04.2024 16:22

Marco AROP (CAN)

800m Men - winner

Tonight was great. It was great out there. The environment is awesome. The atmosphere is great. I only did a couple of indoor races to hold my body and know where we were at. Now it is great to finally open up in the 800 outdoors and get a good idea of where I am now. I'm looking forward to the rest of the season. I know I've accomplished a lot up to this point, but I'm not satisfied with everything that I've done. I still have to work even harder to get to where I want to be.

20.04.2024 16:28

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Jasmine CAMACHO-QUINN (PUR)

100m Hurdles Women - 1st Place

We were kind of rushed in the back, so I made things a little funnier. We laughed. Then I took a deep breath and calmed down. I took my time getting in the block. I had to find my tape measurer. It was just as long as I stayed with those besides me, I'm good. I don't have the best start. Luckily I got this win. I'll go back and work on my start. I think I put a lot of pressure on myself. But now I need to think of the ways that might help let me relax, focus on what I need to do. Right now I am kind of where I was at three years ago. So I guess my coach and I need to go back and talk a few things. It's not been easy. There's stress every day and I have to make the best of it. This Olympic, it might be even crazier than it was 3 years ago. I know what I wanna do this year and I won't stop. This stadium was pretty big. When I walked out and saw all the people, I kind of relaxed more because we don't have too much people, and that relieved my anxiety. People were there to support Puerto Rican and I am so happy about that.

20.04.2024 16:28

Beatrice CHEPKOECH (KEN)

3000m Steeplechase Women - winner

Today is so good and I was moved. I like the stadium. It is very good. I'm satisfied with my results. This is Diamond League and there are so many people watching us and waiting someone to win. I'm very happy to see that and really appreciate it.

20.04.2024 16:34

Yohan BLAKE (JAM)

100m Men - 9th place

It was good. There are so many people cheering for us. I feel some discomfort in my hamstring. I'm a little nervous. Chinese people are showing me a lot love. I really appreciate it. I actually felt good in warm-up. But when I tried to push in the race, my leg wasn't letting me. I even feel more love this time in China. I feel like I'm Michael Jordan in China. I'm also looking forward the upcoming Olympic Games.

20.04.2024 16:35

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Lijiao GONG (CHN)

Shot Put Women - 1st Place

To be honest, I am not quite satisfied with the result, since my intention was to throw 20+. But I am still happy to win this season opening. It rained in the beginning which was a little problem to me. Besides it started a bit later than it was supposed to be, and I was not that clear with the starting rules. I assumed the first place would throw the last, but it turned out to be the opposite. So I had a rough start, which now I thought it was my own reason that I didn't have enough preparation before the race.

20.04.2024 16:41

Lamecha GIRMA (ETH)

5000m Men - 1st Place

I am very happy with the result. Great competition.

20.04.2024 16:44

Bin FENG (CHN)

Discus Throw Women

I'm not very satisfied with my performance today. It is below my expectation, which was far more than 67. The audience is very supportive, but my rhythm wasn't very good tonight. Hope I could get better results in Suzhou. The most comfortable sequence for me is the third or fourth, and today I'm the first to throw, which may also influence my performance a little bit.

20.04.2024 16:47

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Sam KENDRICKS (USA)

Pole Vault Men

I did really tough indoor season. I did ten meetings, trying to get fitness to go toe to toe with Mondo. I had him on his heels in Glasgow. I had three weeks off between the indoors and outdoors. I have three weeks' training, fitness's very strong. When I came back to the competition, it was tough. I love stadiums. Stadiums bring the best out of me. We all struggled in the warm-up, and Mondo skipped the warm-up. The rest of us were trying to figure out with different tools. I love the weather tonight. It was cool. Egret stadium is one of my top three favorite stadiums.

20.04.2024 16:48

Dezhu LIU (CHN)

800m Men - 9th Place

I have always have this goal to break the national record. But when it really happens, it kind of blow my mind. All the spectators here in Xiamen are so good. When I just walked in, I was a bit concerned that I might not run well. But as long as I heard those cheers, I got excited right away. That helped me run better and better during the race.

20.04.2024 16:51

Wen SU (CHN)

Triple Jump Men - 3rd place

I didn't expect the result at all. It was totally beyond my expectation. I just did what I normally did before the competition. Even though I was very nervous before the competition. But luckily, I found my rhythm in the third round. I hope that I could make further breakthrough in the futher to surpass 17 meters.

20.04.2024 17:01

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Armand DUPLANTIS (SWE)

Pole Vault Men - 1st Place

I feel very good. It's my first time ever to be in China, and I win as well as I could have imagined. Amazing stadium, amazing crowd, great energy and great weather. In the beginning we were a little bit worried about the rain, and then it stopped and everything worked out.

This result is more than what I wanted it to be, so I was very excited about it. You know this my first time to jump in China. You always get a bit nervous when you jump in front of a new crowd, because it's people that haven't seen you do what you can do. So I really want to show the people here. They are trying to have something extra special because they've never seen me jump in person. So I wanted to make sure to show them something in the pool. Fact that I was able to do that. I got used to pressure. I know that every competition I go to, there's gonna be very high expectations and everybody's gonna be expecting. I think that myself too. I expect a lot of things out of myself. I want to have high all the time and I want to keep jumping high. My expectations on myself always outweigh everything else.

20.04.2024 17:40

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Valarie ALLMAN (USA)

Discus Throw Women - 1st place

This race is so crazy. I had so many nerves at the beginning of the competition. Normally I am more connected to my body, but I think the crowd in the stadium and it being the first Diamond League, it just took me a little bit to find my group. But once I did, I felt really good about it. For next, it is continuing to work on dialing in my techniques to go up against the best in the world. Feng Bin is incredible. What she's done for discus in China, it's so celebrated here. I could feel the crowd pulling for her, pulling for our event. I think that's so special. For the Olympic, I definitely want to give it my all, I wanna go in and feel proud of my commitment, my devotion and whatever that ends up resulting in I feel proud of. But it will be really special this year to have my family there. It's definitely what I'm looking forward to most is to be able to celebrate it with people that I've been closest with. Regarding to Perez who threw 73.09m last week, I think the reality is that there's many women right now in the sport that are capable of throwing far. So I think it is shown me that I have to be willing to be fearless to push myself, whether it's the ring with my technique and training in the weight room, because on the day people will deliver, so you have to be able to know in your heart that you can also do it. So it's really good. I know that I want to be in 70m shape on the day that will give me my best chance. So if I can feel confident in doing that, I think I'll have a good go.

20.04.2024 17:41

Daniel ROBERTS (USA)

110m Hurdles Men - 1st place

I got out pretty well. I had Partchment beside me. So I know he always comes back at the end. So my goal was just to get out as hard as I could. We're just focus on executing the race at the back end to try to stay away, try to have a good time and win at the end of the day. And that's what I did. I am expecting big things, great things, expecting to win no matter if it's championship or just a regular race like this.

20.04.2024 17:42

Gudaf TSEGAY (ETH)

1500m Women - 1st place

I am very happy. I tried my best. That's surprising. I know I am in good shape. Next is Olympic, it's every athlete's dream.

20.04.2024 17:42

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Xinrui DENG (CHN)

100m Men - 1st place

It wasn't my best race, I didn't get out the same way I typically do, but I feel like I was able to stay composed. I am going to take away some positives from the race and hopefully I just keep getting better and better and improve upon my race pattern. I think it's just a season opener like we're coming off from doing something heavy training. I feel I tried to just count the victories because I feel good, I know in the right timing, the times will come and the victories will come as well as long as I'm focused on winning.

20.04.2024 17:43

Christian COLEMAN (USA)

100m Men - 1st place

It wasn't my best race, I didn't get out the same way I typically do, but I feel like I was able to stay composed. I am going to take away some positives from the race and hopefully I just keep getting better and better and improve upon my race pattern. I think it's just a season opener like we're coming off from doing something heavy training. I feel I tried to just count the victories because I feel good, I know in the right timing, the times will come and the victories will come as well as long as I'm focused on winning.

20.04.2024 17:43

Pedro PICHARDO (POR)

Triple Jump Men - 1st PLACE

It was good in the beginning to the end, the atmosphere of the competition was very good. All of us tried our best. As for Olympic games, I think that's the most important thing in every athlete's career and we are working to see what happens.

20.04.2024 17:44