

Flash Quotes

TIMING, RESULTS SERVICE &
DISTANCE MEASUREMENT BY



Lijiao GONG (CHN)

Shot Put Women - 2nd best result of the season

„It was great to throw 20 m again, but pity I could not manage my personal best. I wanted it. For me this setup was very unusual, I liked it, but I am more used to throw in stadiums. That is most probably the reason why I did not throw more. Was little bit worried and felt pressure, although it was not for first time for me, we have also a similar competition in Taian in China. Next goal Asian Games and then I will be back for the Diamond League final, for me it is possible.“

19/07/2018 18:45

Raven SAUNDERS (USA)

Shot Put Women - her second best ever result

„I loved it here. This was my first time in such conditions. People were closer to us than in the stadium and that was very motivational. I felt really good, achieved nearly personal best, actually it was a season best. Yes, 20 meters is the goal, and you ask me what do I need for that. My answer is, just another meet.“

19/07/2018 18:46

Christina SCHWANITZ (GER)

Shot Put Women - first loss of the season

„That was a very nice competition, I felt the public support. Im ok with the result. On Friday I will throw again on a square in Nurmberg at German Championships. I think I need better performance before Berlin European Championships. That is of course my goal this year, but nothing is for granted, the others will be also ready. My husband is paying attention for our twins when Im not at home and that is working well.“

19/07/2018 18:47



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Valerie ADAMS (NZL)

Shot Put Women - best after maternity break

„This was my best result after restart. After giving birth my body needs to adapt, Im in that process of working on my body. It is now all different. That means my plans are not long term. I had this meets now in Europe, now we go back all family to New Zealand and will return for meets in August and probably also Continental Cup. My daughter needs her time from me, of course most days are good. As said Im now living a different life than before. I will not tell you what is my plan for 2019 whether I plan for Doha World Championships or not. Im taking it step by step. Decisions will come later.“

19/07/2018 18:48

Ryan CROUSER (USA)

Shot Put Men - 7th meet of the season over 22 m

„Always happy to get a win and specially at venues like this. It was a very fun competition for me, really special close the harbour, sun was just going down. I would like to see more of such meets. We need to bring our event closer to the people. And it was fun how some of them were surprised how heavy is our shot. At the beginning I was not executing well, but Im getting there. Still hope for a big throw in the second part of the season when I return to Europe. Now I should have around 5 weeks of heavy training.“

19/07/2018 20:00

Darlan ROMANI (BRA)

Shot Put Men - fourth best outdoor result ever for him

„I like such interaction with the public. It was very special. The 22 meters are very close now for me and I want to achieve it until end of the season. Maybe at the Diamond League final. I am also ready to represent Americas team at Continental Cup in case I would be selected. Now back to training.“

19/07/2018 20:02

